QLD Cricket with Mr Bruce Deem

All of the classes enjoyed 2 half hour sessions with QLD cricket—gaining confidence in the game, honing skills and increasing fitness. Pictured above is the 5/6 grade who enjoyed a game of Weary Cricket with Bruce … and yes, everyone was weary by the end of the game!

JOIN THE P AND C COMMITTEE

The P and C AGM is on this Thursday at 6pm with the General Meeting following at 6.30pm. Some positions on the committee will be vacant and if you are:

✦ Energetic, organised and passionate about our school
✦ Able to speak positively to parents, staff and community
✦ Wanting to make a difference for your child/children
please consider joining the P and C!

TOGETHER, WE CAN MAKE A DIFFERENCE!
Indo Lingo

We are excited this year to be able to again offer Indonesian Language and Culture learning in year 5 and 6. The year 5/6 classes who have studied it last year and just beginning are racing ahead, already starting to write letters to students of their own age in Indonesian schools in Central Java, and are enthusiastically following classroom language and the basics. We look forward to a great year of real-life language learning.

There are countless studies around the world showing that learning another language is good for brains of every age in so many ways. Here at Wyreema State School we value respect and tolerance of diversity, which is a good reason to learn more about our most populous and close neighbour, Indonesia. Studies track language learners proving that not only does it make brains more creative and agile it also makes learners smarter in their first language, consistently achieving higher in English and other subjects than other students who have not studied a language in senior schooling. If you would like to follow up the data there are many websites tracking the benefits. Here is a site with a wealth of information. http://www.actfl.org/advocacy/what-the-research-shows

In the meantime, ask your child to show off a little with what they are learning in their Indonesian language class.

Sampai Jumpa Lagi!
From Bu Bisshop

OSHC at our school— at your SERVICE!

Phone Renae on 0429 915 159 or Email: wyreemaoshc@gmail.com

HEALTHY AFTERNOON TEA, HOMEWORK COMPLETED, EXTRA EDUCATION, SUPERVISED OUTDOOR GAMES FOR HEALTH AND FITNESS AND ARTS AND CRAFTS!

Important Reminders:

♦ School Banking is every Wednesday.
♦ No toys should be brought to school unless by prior arrangement for Show and Tell.

AFFORDABLE PERENNIALS

Bill and Marina Muller  Ph: (07) 4696 2165—evenings
Email: billandmarina@live.com.au

We propagate and sell a large variety of hardy cottage garden plants at very reasonable prices!

Toowoomba PCYC Markets

Every Sunday except for the last of the month (we’re half way along the railway line).

Nobby Market
1st Saturday of the month

Carbalah Market
Last Sunday of the month

Soccer registrations for West Wanderers Football Club are closing soon. West Wanderers is situated on the southern side of Toowoomba at Nell E Robinson park on Hume Street, between Alderley and Stenner Streets. Please register online by following the instructions on our website www.westwanderers.org

Once registered further details regarding Muster Day will be forwarded to you. Any questions please contact us at juniorvp@westwanderers.org
PARENT INFORMATION SESSIONS
Thank you to everyone that was able to attend the Parent Information Sessions recently. It makes everyone’s job easier if as parents you learn what your children are doing at school and understand the expectations for homework and preparation for each school day. If you were unable to attend and have questions for your child’s teacher, please do not hesitate to make a time to meet—your child’s teacher will only be too happy to accommodate you!

OSHC at our school—at your SERVICE!
♦ run by qualified educators.
♦ children have more social opportunities – does your child need to improve in socialisation???
♦ homework is correctly completed with professional assistance.
♦ extra education! (Give your child a boost in their education and confidence!)
♦ health and fitness – keep your children away from the X-Box and TV in the afternoons!
♦ very reasonably priced.

Whether you’re working or not – it’s available to you!

Phone Renae on 0429 915 159 or email on wyreemaoshc@gmail.com

Have you found us on Facebook yet? Find Wyreema School—view reminders and celebrations relating to your child’s Life at Wyreema

ENVIRONMENTAL TIP OF THE WEEK
Dispose of baby wipes carefully—never flush them down the toilet as they can clog up the sewage systems and do not break down easily in the environment.

WYREEMA SS LIBRARY
All students are encouraged to use the School Library each week.
VALUES EDUCATION

Last week: Bully—No Way!
This week: Be Organised
Next week: Personal Hygiene

Playgroup is held at the school every school day Wednesday from 9am. Everyone is welcome!

TUESDAY TUCKSHOP

Tuesday Tuck Shop has a range of healthy foods for students to order AND any profits go towards supporting the students in their learning. SUPPORT THE SCHOOL, AND ORDER TUESDAY TUCKSHOP!

Toowoomba City Mobile Library
Every Friday outside of the school between 9.45 and 10.45 am.
Managing anger is the biggest emotional issue that most children face. Boys, in particular, seem so angry at the moment, and I’m not sure why. Currently, our community is undecided how to handle anger. In fact, anger is discouraged as we see no place for it in our homes, schools or the community. ‘People in a civil society don’t get angry’ seems to be the conventional wisdom so we bottle it up rather than express it healthily. The trouble is that anger handled in this way simmers away making a person unhappy and depressed, and it bursts forth in awful, uncontrolled ways.

Here are five ways to help boys (and girls) manage anger in healthy ways:

**Recognise it.** The first step is to help kids recognise they are angry. What are the signs? What are they thinking? We are all different but tension in the shoulders, restricted breathing and clenched teeth are common signs of anger.

**Name it.** Developing a vocabulary around anger is important. The more nuanced kids’ language is, the better. Annoyed, angry and enraged are very different emotions but are often described as the same.

**Choose it.** Help children recognise that they have a choice to stay in control or lose control when they get angry.

**Say it.** Encouraging children to express how they feel unless no-one gets hurt. The use of ‘I Statements’ is one way of letting others know how they feel. “I felt really mad when you said nasty things about me…” is one way of being heard.

**Shift it.** Help children shift their anger to a more pleasant and less energised place. Kids can shift their moods by modifying their anger or altering their physiology. They may go for a run, play a physical game or pour their anger into a protest letter to let their frustrations out.

The maxim of managing anger in healthy ways is: “There’s nothing so bad we can’t talk about it. However, there are behaviours we don’t engage in when we are angry.”

Many people already know **Dexter** (pictured left) who is an important student at our school! For those that don’t know, Dexter is one of our students on the spectrum for Autism (ASD). This means that sometimes his behaviours can be pretty boisterous! We are so proud of how Dexter is progressing. If you do notice Dexter being rowdy, we know you will understand.

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**Year 5/6 Science**

This term students in year 5/6 have been learning about plant and animal adaptations and survival. We have planted pea seeds using just a plastic zip lock bag and a wet paper towel. Students set up their experiments 3 weeks ago and the germinated seeds are still growing, some are growing a long way out of the zip lock bags! By germinating seeds this way, the students can see exactly how the roots are formed. We have been tending to our plants daily and analysing their growth. This week we will be conducting experiments to see how mould grows on bread. Students will discover the best conditions for mould growth.
More lovely moments from Playgroup.....

Happy Birthday to:

Miss Lucie Springate (left),
Abby, Justin and Jack
(above left).
These past two weeks have been filled with a lot of exploring, fun and learning - including group games, soccer, tennis skills, role playing, discussing emotions, craft, OSHC rules, sand construction and much more.

During our Energy Relief time our most popular activity is group games—“Ship Shark Shore” being the most popular game. To extend on this, we have been brainstorming on new ideas for games and even re-inventing some old favorites! If you have any suggestions of some funky group games we would gladly love to try them.

This past week we have introduced “Twitch Time” back into our afternoon activities. Twitch Time is where we get a chance to express our emotions in a positive way, sharing these emotions with our friends and educators and discuss how these emotions make us feel, act and how we can understand them better.

During afternoon snack time we have noticed the birds in the school garden eating the vegetables. We put our thinking hats on to see what we could do to stop this, when one of our friends suggested we make bird feeders to place in the flower gardens so the birds do not eat the vegetables. We will be hanging these in the gardens once completed—they are already looking fantastic!!!

Congratulations to Tye who was awarded the Principal’s Award on Parade last Friday. Tye is always friendly and kind to others and was spotted helping a younger student with his social woes!
Know the School Rules to discuss with your child.....

EATING TIMES

Safety and Respect

- Students are to sit during eating times and stay in the same place.
- Students are not to play with their food or waste their food, but eat politely.
- Students wait for the bin to be brought around for them to put their rubbish in the bin.
- Any unfinished food is to be taken home, not thrown into the bin.
- Lunch Boxes must be closed and put into the baskets (Prep and Grade 1) or bags when it is time to go to play or class.

HERE’S THE NEYLONS!

Mrs Megan Neylon, Year 5/6 teacher, was joined by her husband, Sam and their delightful daughters—Mabel and Eadie, at the Parent Information Sessions. Megan delivers Science and History to the 5/6 class as well as...
UPCOMING EVENTS

MARCH

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Tuesday 1</td>
<td>Wyreema Hall meeting at 7pm</td>
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<tr>
<td>Thursday 3</td>
<td>• P and C AGM—6pm&lt;br&gt;• P and C General Meeting—6.30pm&lt;br&gt;&lt;i&gt;Childcare available for both meetings.&lt;/i&gt;</td>
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<tr>
<td>Friday 4</td>
<td>Leadership Parade</td>
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<tr>
<td>Tuesday 15</td>
<td>GRIP Leadership for Student Leaders at the Highfields Cultural Centre</td>
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<tr>
<td>Thursday 24</td>
<td>• Cross Country at 2pm&lt;br&gt;• Last Day of Term 1.</td>
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APRIL

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<th>Date</th>
<th>Event</th>
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<tr>
<td>Monday 11</td>
<td>First Day of Term 2.</td>
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STUDENTS OF THE WEEK

Term, Week
In the Year 1 Class, Ruby has been producing work of a good standard.
In the Prep Class, Arlia listens carefully and completes all tasks neatly.
In the Year 5/6 Class, Kobe is a valuable class member and always participates 100%.
In the Year 3/4 Class, Olivia is demonstrating fantastic leadership skills.
In the Year 2/3 Class, Eli has been putting a great effort into his learning. (not available for the photo)

Term, Week
In the 5/6 Class, Tye has been putting a super effort into his learning.
In the 3/4 Class, Kaylee has settled happily into her new school.
In the Prep Class, Kaitlyn has been focused on doing her best work.
In Year 1, Riley continues to improve in his reading.
In Year 2/3, Tyrese has been giving 100% in all tasks in the classroom.